



EAT. PUTT. DRINK!

Let taste and Tradition Take a Swing! Tee off on one of our courses and savour some fantastic food and drinks. Tantalise your taste buds with a blend of classic favourites and innovative delights! Grab your putters and prepare for a gastronomic adventure like no other!



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BREAKFAST - FOR THE EARLY BIRDIE!

Full english breakfast 11.50

Crispy Bacon, Cumberland sausage, beans, tomato, hash brown, 2 fried eggs, mushroom, black pudding, toast.

Vegan breakfast 11.00

2 Vegetarian sausage, 2 fried eggs, mushroom, tomato, hash brown, beans, toast.

Breakfast Burrito 9.00

Crispy bacon, Cumberland sausage, maple syrup, hash brown, fried egg

BREAKFAST ROLL

1 item 5.00 2 items 6.00 3 items 7.00

A Ciabatta roll with a choice of fillings!

Crispy Bacon, egg, Cumberland sausage, vegetarian sausage, hash brown, cheese, black pudding, mushroom, tomato, avocado, lettuce.

Acai Bowls 9.00

Choose From Our Summer Berries Acai Bowl or Granola Acai Bowl. Plant Based!



WAFFLES / PANCAKES

Belgain Waffles 10.00

Maple Syrup Glazed Waffles

Crispy Bacon & Egg Waffles 11.50

Maple Syrup Glazed Waffles, Crispy Bacon, Runny Egg Glazed In Maple Syrup

Summer Fruit Pancakes 11.50

Blueberries, strawberries, berry compote, Chantilly cream.

MAINS - PUTTERLY FANTASTIC!

SLIDERS

Swingers Beef Sliders 12.00

Beef, Smoky Bacon, BBQ sauce, cheddar, lettuce, tomato, onion

Grilled Chicken Sliders 12.00

Chicken goujon, Smoky Bacon, onion, bbq sauce, green salad, cheese

Honey Halloumi Sliders 12.00

Maple Syrup Glazed Halloumi, Onion, green Salad, Tomato

Mixed Sliders, 1 Of Each 13.00

3 Sliders, Served with fries and coleslaw

Pulled pork sandwich 12.00

Pork, bbq sauce, cheese, in a ciabatta roll, served with fries and garnish

Mushroom Burger 11.00

Portobello mushroom, balsamic, tomato, lettuce served with fries and garnish

Cheesy beef burrito 10.00

Beef, rice, corn, black beans, lettuce, tomato, onion, cheddar & pepper jack cheese, cilantro.

Veggie wrap 10.00

Avocado, veggie sausage, cheese, lettuce, tomato, chipotle aioli.

SALADS

Classic Caesar salad 9.00

Romaine lettuce, parmesan cheese, crouton and cesar dressing

Cobb salad 11.00

Bacon, egg, tomato, avocado, cheddar, scallion, grilled chicken.



BITES & SHARING - SWING TOGETHER, SHARE FOREVER!

Chicken wings 8.00

Wings with, ranch, blue cheese, buffalo, BBQ, Asian sesame, Cajun spice, garlic parmesan

Cheesy beef nachos 11.00

Nachos, beef, avocado, cheddar cheese, tomato salsa

Hummus Stick Dipping Cone 8.00

Celery, carrots, cucumber, grilled NAAN bread.

Mac n' cheese bites 6.00

Breaded Pasta, Cheese & tomato sauce.

Chicken Goujon BBQ wrap 12.00

BBQ sauce, chicken goujon, cheese, green salad in a tortilla wrap. With Chips

Cheesy Bacon fries 5.00

Chips, bacon bits, melted cheese.

Beef & chicken tacos 10.00

cheddar cheese, lettuce, tomato, jalapeños, and sour cream.

PIZZAS

Perpperoni 12.00

Margarita 11.00

Meatalian 12.00

New York style closed pizza 12.00

VEGAN PLANT-BASED

Pizza



Spinach & Artichoke 12.00

Add Text Here

Carpese 12.00

Basil, tomato, mozzarella, balsamic glaze

The Farmhouse 12.00

Cauliflower crust, mushroom, tomatoes, red onion, arugula, garlic vinaigrette.



SCAN TO MAKE YOUR ORDER ONLINE!

Wow! SWINGERS MEAL DEALS!



SWINGERS - EAT. PUTT. DRINK!

IN SWINGS & BITES WE TRUST

Allergy Disclaimer: At Swingers Bar and Café, we strive to accommodate all dietary needs and preferences. However, please be aware that our menu items may contain or come into contact with common allergens such as peanuts, tree nuts, dairy, gluten, and shellfish. While we take precautions to prevent cross-contamination, we cannot guarantee that any dish will be completely free from allergens. Please inform our staff of any food allergies or sensitivities before placing your order, and we will do our best to accommodate your needs. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Thank you for trusting Swingers Bar and Café with your dining experience, and we appreciate your understanding and cooperation.

Roccos Activity Centre, La Route De La Marette, St Ouen's Bay, Jersey, JE3 7FQ



KIDS MENU!

Rest assured that our meals are not only tasty but also crafted with quality ingredients to ensure your little golfers are well-nourished for their golfing escapades!



BREAKFAST - PUTTERS AT THE READY!

Kids English Breakfast	8.50	Granola Bowl	8.50	Summer Fruits Pancakes	8.50
Crispy Bacon, Cumberland sausage, beans, tomato, hash brown, fried egg, toast.		Granola, Plant Based Yogurt. Vegan Friendly		Blueberries, strawberries, berry compote, Chantilly cream.	

MAINS - JUST PERFECT!

Chicken Wrap	8.50	Hotdog	8.50	Kids Vegan Wrap	8.50
BBQ sauce, chicken goujon, cheese, green salad in a tortilla wrap. With Chips.		Hot Dog, Onions, Sauce, Chips, Green salad		Avocado, veggie sausage, cheese, lettuce, tomato, chipotle aioli. With Chips.	
Kids Cheese Burger	8.50	Lunchbox	8.50	Vegan Lunchbox	8.50
Beef, BBQ sauce, cheddar, lettuce, tomato, onion, Chips, Green salad		Ham & Cheese Sandwich, Crisps, Apple, Juice		Cheese & Tomato Sandwich, Crisps, Apple, Juice. Gluten Free Available	

DESSERT - LEAVE SOME ROOM!

Jersey Ice Cream Cone	5.00	Sorbet	6.00	Ice Cream Waffle	7.00
Whipped Jersey Ice Cream, Chocolate Sauce, Sprinkles, Flake		Choose either Raspberry or Mango or a mix!		Whipped Jersey Ice Cream, Waffle, Chocolate, Sprinkles, Flake	

WHERE GOLF, GRUB, AND GOOD TIMES COLLIDE!

KIDS PACKAGES FUN GOLF & FOOD!



BREAKFAST PACKAGES

LUNCH PACKAGES

LUNCH & ICE CREAM

PARTY PACKAGES >>>
MINIMUM OF 10 KIDS, SUITABLE FOR AGES 14 & UNDER



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The BAR MENU

Where every drink is a stroke of genius!



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ON DRAFT

BEER MORETTI	5.50
STELLA ARTOIS	5.50
HEINEKEN	5.50
INCHES CIDER	5.50
CAMDEN PALE ALE	5.50
GUINNESS	5.50

CANS OF BEER & CIDER

DARK FRUITS	5.00
STRAWBERRY REKORDERLIG	5.00
WILD BERRY REKORDERLIG	5.00
BEAVERTOWN NECK OIL IPA	5.00
AMSTEL	5.00
FOSTERS	5.00
HEINEKEN 0.0%	4.00
REKORDERLIG 0.0%	4.00

WINE & PROSECCO

PINOT GRIGIO	5.50
PINOT GRIGIO ROSE	5.50
ARGENTINA MALBEC	5.50
LUNETTA PROSECCO	7.00
NOZECO BRUT 0.0%	4.00
NOZECO ROSE 0.0%	4.00

BOOZY SLUSH!

OUR SPECIAL SLUSHIE COCKTAILS!

STRAWBERRY DAIQUIRI

STRAWBERRIES, SYRUP, RUM, LIME

CLASSIC MARGARITA

LIME JUICE, TRIPLE SEC, TEQUILA

PINA COLADA

PINEAPPLE, WHITE RUM, CREAM

18+ BOOZY £7.00 | VIRGIN £4.00

SOFT DRINKS / MIXERS

COKE	2.50	STILL WATER	1.50
DIET COKE	2.50	SPARKLING W	1.50
LEMONADE	2.50	ICED TEA	2.50
SODA	2.00	FANTA	2.50
TONIC	2.00	YAZOO	2.00
DIET TONIC	2.00	ORANGE JUICE	2.50
GINGER ALE	2.50	APPLE JUICE	2.50
IRN BRU	2.50	CAPRI SUN	2.00

SPIRITS, SHOTS

SMIRNOFF VODKA	3.50	MORGANS SPICED RUM	3.50	TEQUILA	4.00
GORDONS GIN	3.50	KRAKEN RUM	4.00	TEQUILA ROSE	4.00
GORDONS PINK GIN	3.50	BACARDI RUM	4.00	SAMBUCA	4.00
RHUBARB & GINGER GIN	4.00	JACK DANIELS WHISKEY	4.00	VODKA & LIME SHOT	4.00
BLOOD ORANGE GIN	4.00	WALKER WHISKEY	4.00	JAGERBOMB	5.00
HENDRICKS GIN	4.00	AMARETTO	4.00	PIMMS GLASS	6.00

WHITE COFFEE	3.00
BLACK COFFEE	3.00
LATTE	4.00

COFFEE & TEAS

HOT CHOCOLATE 3.00

CAPPUCCINO	4.00
ENGLISH TEA	3.00
FLAVORED TEA	3.00



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